

Wellness park of Karolis Dineika

Karolis Dineika park is an important green area for recreational and therapeutic purposes in Druskininkai. It is located on picturesque slopes of the Ratnyčia stream and has a long and meaningful history. The beginning of activities of the park date back to the end of the 19th century. In 1924-1935 in the place of the present K. Dineika park, a small private sunbathing park of a physician Eugenija Levicka was created in the pine forest (in 6 ha territory). It consisted of two open swimming pools for adults, a pool for children, two air solariums, several gymnastics and sports grounds, several pavilions, and an impressive plumbing tower, which now is included in the Register of Cultural Property.

A new type of prophylactic treatment institution, the Therapeutic physical culture park, was established during the development of the resort in 1952 at the Soviet period. Doctor Karolis Dineika, the pioneer of therapeutic physical culture, is appointed the manager of the park. It was the second period of the flourishing of the park, when its area was extended to 17 ha. In 1960, A. Mačiulis, the oldest architect of the town of Druskininkai, designed and installed quite luxurious gates to the park that have survived to this day. Cascading baths and a therapeutic physical culture dispensary were built on slopes of the Ratnyčia stream in 1964.

After the restoration of independence, the park was abandoned. Later, thanks to the Municipality, the territory of the park and its buildings were included in the Register of Cultural Property and the renewal of the park started.



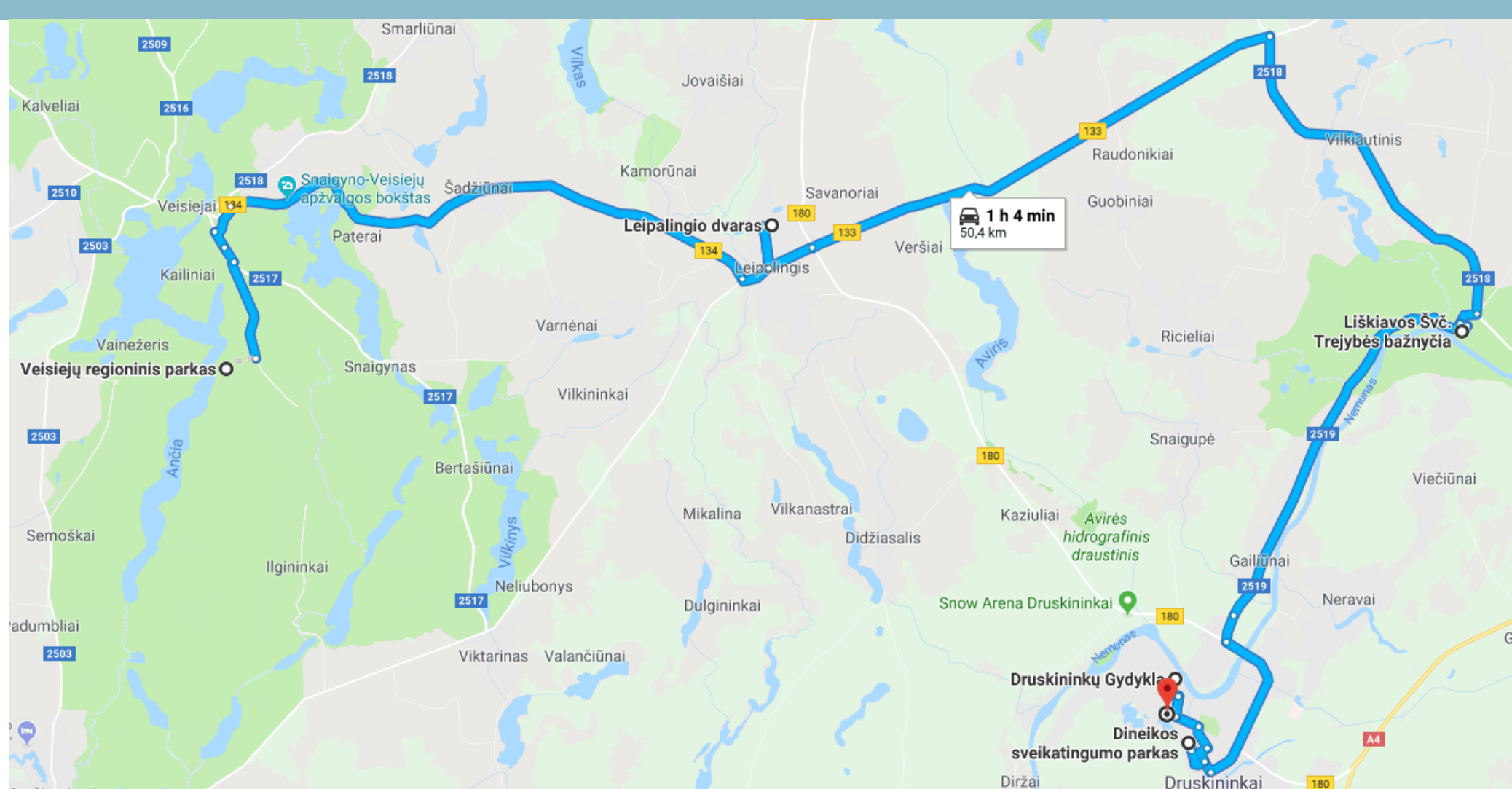
Wellness park of Karolis Dineika

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Tel.: +370 612 02681
<https://akvapark.lt/en/health-resort-druskininkai-and-spa/k-dineika-wellness-park/>
Working hours: 11:00 -19:00
GPS: 54.011710, 23.979104



South Dzūkija Route

1. The museum of Druskininkai town.
2. Health Resort Druskininkai.
3. **Wellness park of Karolis Dineika.**
4. The ensemble of Liškiava church and monastery.
5. Leipalingis Manor house.
6. Visitors' Centre of Vaisiejai Regional Park.



In 2015 the park was officially opened for visitors. Today the area of Karolis Dineika park is about 15 ha and it is a part of the historical 'Path of the sun', the urban structure and landscape of Druskininkai.

The park has rich traditions of treatment with air, water, and sun. It invites visitors to experience revived unique ancient procedures: walks on measured hiking trails, swimming in cascading bathing places and a bath, enjoying therapy of ions, sun, and calm on terraces of meditation and yoga, enjoy foot massage in an acupuncture pool. Families with children can spend their leisure time actively while riding updated tracks, playing on a children's playground, do sports in gymnastics and sports grounds and on mechanical equipment path. The park is suitable for people of all ages and various needs.



Would like to know more

The object is accessible to people with disabilities:

Parking lot is at the object.

Public transport stop is 300 metres away.

There are 5 entrances to the park, 2 of them are adapted for people with disabilities: the northern gate with a ramp and the western gate with a flat driveway. The scheme is presented in photos. Parking spaces for people with disabilities are located near the western gate.

The trails in the park have a fairly flat surface, but they are quite hilly, therefore, the assistance is needed in some areas.

It is easy to move around in the part of the object, there are no obstacles. There are stairs leading to the cascades and aerohydroionotherapy pavilions, therefore, there is no wheelchair access.

The object has the toilet for the disabled.

It also includes special swings for people with movement disability. The 2 metres wide swing is in a convenient location next to the children's playground. The swing has a special entry ramp, which is lifted and securely locked. It is equipped with closed gates, lever and a mechanism that allows you to swing and stop without the help of others.



Would like to know more

For more places adapted for people with disabilities visiting can be found at:
www.beslenksciu.lt/turizmas-visiems/

Keep up with all the news!

